



TEACHNET

VANTAA (FINLAND)

6-7.V. 2010



Education and Culture DG

Lifelong Learning Programme

Grundtvig

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(Kraków – Poland)

REGIONAL PUBLIC LIBRARY IN KRAKOW

„TEACHNET” ACTIVITIES IN 2009 / 2010

- I. COMPUTER COURSES for SENIORS**
- II. OPEN SENIORS’ MULTIMEDIA PRESENTATIONS**
- III. „TeachNET” SEMINARS**
- IV. PROMOTION of the GRUNDTVIG’s PROJECTS**
- V. STUDY of the QUESTIONNAIRES for TRAINERS and SENIORS**
- VI. Preparation for 3rd SENIOR OLYMPIC GAME**

I.COMPUTER COURSES FOR SENIORS

(1)

- ◎ **COURSE 1: Basic Computer Operation**
(for those without any experience with computers..)
- ◎ **COURSE 2: Internet Basics**
(for those having fundamental knowledge concerning computers and wanting to extend it to be familiar with internet)
- ◎ **COURSE 3: Internet for advanced**
(for those having fundamental knowledge concerning computers and internet and wanting to extend it)

COMPUTER COURSES FOR SENIORS

(2)

Major goals:

- ◉ To provide the senior citizens access to ICT
- ◉ To disseminate of the knowledge on computers in the senior citizens group
- ◉ To increase the multilateral activity
- ◉ To improve the inter-generation dialogue

II. OPEN SENIORS' MULTIMEDIA PRESENTATIONS

- Authors: participants of the computer courses
- Presentations were prepared by senior citizens themselves
- Content: interesting places in Kraków
- Four meetings held (with presentations)

Goal:

- ⦿ to show to the peers the results of the own work of senior citizens
- ⦿ to start building the network of senior citizens who are active and able to produce the results (a kind of leaders among peers)



III. “TEACHNET” SEMINAR (KRAKOW)

On March 2010, in Regional Public Library in Kraków there were held two events:

1. the workshop for seniors: “***Happiness with creating***”
2. and the seminar for librarians “***Library: new activities***”

Major goals:

- ⦿ exchanging knowledge and experience;
- ⦿ stimulation of active life of senior citizens in order to increase their participation in events organized by cultural institutions (exhibitions, meetings, seminars)
- ⦿ acquiring new skills

“TEACHNET” SEMINAR SPECIAL WORKSHOPS ON:

1. Psychology: in an accessible and interesting way the psychoneurology of the human being were presented with emphasis on:
 - (1) the ways of improving the psychological functions,
 - (2) the necessity of rational thinking in a difficult situations, and
 - (3) the advantages of creative approach to life
 - (4) enhancing the self-esteem .

2. The possibilities of how to accomplish the mission of library through:
 - (1) project-type activities (at national and international level)
 - (2) developing the voluntary activities in local communities
 - (3) application of new ICT-based methods by librarians at work.

COMMENT: More than sixty senior citizens and ca. seventy librarians from the whole Malopolska Voivodship (Region) attended the meetings/workshops.



IV. PROMOTION OF THE GRUNDTVIG'S PROJECTS

- *participation at International conference organized in the framework of PEOPLE project, entitled: „Social & e-inclusion” by the Province of Noord-Brabant www.peopleproject.eu (Central to this theme is the use of ICT to develop innovative solutions and practices aimed at social objectives) (19.05.2010)*
- *a variety of lectures (addressed and open) also to librarians and at Open Technical University at AGH University of Science and Technology, Kraków*

Noord-Brabant (Holandia)



NOORD-BRABANT (HOLANDIA)



VI. SENIOR OLYMPIC GAMES

- for the first time organized in cooperation with other Libraries (building the *School of @active Seniors* network)



Wojewódzka Biblioteka Publiczna w Krakowie
Instytucja Kultury Województwa Małopolskiego

I KOMPJUTEROWA OLIMPIADA SENIORÓW

DLA OSÓB POWYŻEJ 60-tego ROKU ŻYCIA
uczestniczących w kursach komputerowych dla seniorów w WBP w Krakowie

miejsce: Wojewódzka Biblioteka Publiczna w Krakowie, ul. Rajska 1

zgłoszenia: do 30 kwietnia 2008

informacje i zapisy: Regionalne Centrum Integracji Społecznej Wojewódzkiej Biblioteki Publicznej w Krakowie, ul. Rajska 1, pok. 239, II piętro, tel. 012/632 20 98 w. 238 e-mail: rcis@wbp.krakow.pl

FINAŁ: 29 maja 2008

www.wbp.krakow.pl/rcis.html

Organizacja realizowana w ramach projektu: "Studencki Seniorski EIT z aktywnymi seniorami" przy wsparciu finansowym Komisji Europejskiej



SUMMARY

1. SENIOR CITIZENS-ORIENTATED COMPUTER COURSES ARE IN POLAND AT THE STAGE OF INTENSIVE DEVELOPMENT
2. OUR APPROACH: FOCUS ON THE STIMULATING THE ACTIVE AND CREATIVE PARTICIPATION OF SENIOR CITIZENS IN VARIOUS FIELDS OF SOCIAL AND CULTURAL LIFE
3. COMPUTER- AND INTERNET- SKILLS ARE APPLIED AS IMPORTANT AND BASIC TOOLS WHICH ARE VERY HELPFUL IN FOSTERING THE SENIOR CITIZENS IN THEIR FURTHER DEVELOPMENT (AND FIGHTING AGAINST FEELING EXCLUDED)
4. VARIOUS PROJECTS AND INITIATIVES CONTRIBUTE TO THE ENTIRE PROGRAMME EFFORTS
5. MAJOR AIMS OF THIS PROJECT:
 - ⦿ TO START BUILDING THE NETWORK OF INSTITUTIONS (libraries) WHICH OFFER COMPUTER AND INTERNET TRAININGS AND OTHER POSSIBILITIES FOR SENIOR CITIZENS ACTIVE PARTICIPATION
 - ⦿ TO APPLY THE APPROACH IN WHICH COMPUTER AND INTERNET SKILLS ARE MENTIONED ABOVE TOOLS AND NOT THE GOALS